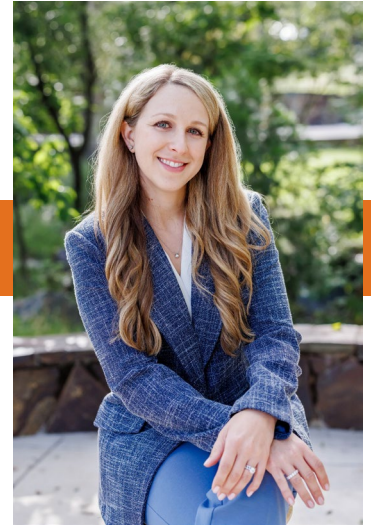




LAUREN KALFSBEEK

Lauren Kalfsbeek is an employment law attorney at Holden Law Group. Clients rely on Ms. Kalfsbeek for legal defense and advice in all aspects of employment and traditional labor law. With a business litigation background and a small business owner for a spouse, Ms. Kalfsbeek understands firsthand the obstacles employers encounter on a daily basis.

Legal Experience

Prior to joining Holden Law Group, Ms. Kalfsbeek represented union and non-union employers of all sizes across a variety of industries. Her practice focuses on complex employment litigation, with particular experience defending class and representative wage and hour actions, including claims under the Private Attorneys General Act (PAGA).

Ms. Kalfsbeek also has extensive experience advising union employers throughout the grievance process, defending labor arbitrations, and handling matters before the National Labor Relations Board. In addition, Ms. Kalfsbeek regularly defends employers against single-plaintiff claims involving harassment, discrimination, wrongful termination, and retaliation suits.

Beyond litigation, Ms. Kalfsbeek partners with clients to proactively manage risk. She assists employers in developing, implementing, and auditing workplace policies and practices, offering practical guidance to promote compliance with evolving legal requirements. Ms. Kalfsbeek has successfully litigated several cases to verdict and secured numerous favorable settlements on behalf of her clients.

Activities and Interests

In her free time, Ms. Kalfsbeek enjoys spending time outdoors with her husband and two young children and taking them hunting, fishing, and cruising around their farmlands. Ms. Kalfsbeek loves cooking, gardening, and wine—especially when she can bring all three together.

Education

J.D., *cum laude*, University of
Alabama School of Law
2018

Campbell Honors Moot Court Board,
Member
CALI Excellence Award for Criminal
Procedure
Full-Tuition Academic Scholarship

University of California, Davis
2014

B.A., *cum laude*, Anthropology and
German

Employment History

Holden Law Group
2026 – Present

Martenson Hasbrouck & Simon
2020 – 2026

Porter Scott
2018 – 2019

LAUREN KALFSBEEK

Representative Articles and Training

- California Expands Leave Laws Once Again
- SB 261: California Imposes Triple Damages for Unsatisfied Wage Judgments
- Presenter, 2022 Employment Law Legislative Update, Sacramento Valley Veterinary Practice Managers Association